



FLOCKD

ESPRESSO BAR

ALL DAY GOODNESS

Granola Bowl 8.5
With greek Yogurt + seasonal fruits.

Açai 13
With granola + seasonal fruit (VG)

Toast with Preserves 3
White, rye or gluten free toast with choice of strawberry jam, p'nut butter, Vegemite or honey. (V)

Ham + Cheese Croissant 8.5

Smashed Avocado 12.5
Served on two slices of toasted rye topped with chia seeds.
(VG, GF available).
Add a Fried egg + 2.5

Salmon Bagel 9.9
Smoked salmon, cream cheese, mixed lettuce.

Breakie Roll 9
Bacon, hash brown, egg + cheese in a brioche roll, with your choice of sauce.

Falafel Wrap 12
Falafel, sour cream, cheese, tomato, mixed lettuce + onion salsa (V)

Gourmet Chicken Wrap 12
Chicken, cheese, mixed lettuce + sundried tomato.

Sandwich of the Day 8.9

LUNCH

BLT Sub 10.5
Bacon, lettuce, tomato + cheese on a turkish sub with your choice of sauce.

Beef Burger 13
Beef patty served on a gourmet brioche bun with cheese, tomato, onion, spinach, mixed lettuce with sauce.

Veggie Meet Burger 13
Plant based patty with lettuce, cheese, tomato, onion + aioli in a brioche bun. VE + 2

Chicken Salad 15
Marinated chicken, sun-dried tomato, feta, mixed lettuce + french dressing.

EXTRAS

Smashed Avo 3

Sliced Ham 5

Shredded Chicken 5

Tomato 2

Feta 2

Smoked Salmon 6

Bacon 5

SWEET TREAT

Cookies (3 for \$5) 2

Banana Bread 4

Oat Slice Bar 4

Bliss Balls (GF, V, VE) 4.5

Chocolate Bar 2.5

Homemade Raw Slice (GF, V, VE) 5

V - Vegetarian | VE - Vegan | GF - Gluten Free



@we_are_flockd



SOMETHING HOT

Espresso	3.9
Macchiato	4
Long Black	4 5
Flat White	4 5
Latte	4 5
Cappuccino	4 5
Organic Hot Choc	5.5 6.5
Chai Latte	4.5 5.5
Dirty Chai	5 6
Organic Turmeric Latte	4.5 5.5
Organic Matcha Latte	4.5 5.5
Single Origin Filtered	3.5 4.5 6
Tea	3.5
Green Chai Peppermint Lemon Grass Earl Grey English Breakfast Chamomile	

EXTRA'S

Extra Shot	.50
Decaf	1
Babycino	1.5
Maple Syrup or Honey	.50
Syrups	.70
Hazelnut Vanilla Caramel	

MOO ALTERNATIVES

Coconut, Almond, Macadamia, Lactose Free, Soy	.70
Oat	1

JUST CHILLIN

Iced Latte	5
Iced Choc	4.5
Iced Mocha	6
Add Ice Cream	+1
Iced Long Black	4.5
Milkshakes	6
Choc Vanilla Strawberry Caramel	
Soft Drinks	5
Raw Earth Organic Kombucha	5.5
Cold Pressed Juice	6.5
Cold Pressed Coffee	5.95

SMOOTHIES

Berry Delight	9
Berries, mango, chia seeds with your choice of milk or apple juice.	
Choc Full of Nuts	9
Organic choc, p'nut butter, banana, honey with your choice of milk.	
Lean + Green	9
Spinach, kale, banana, super greens with apple juice or coconut water.	
Apple Crumble	9
Apple, oats, honey, banana, cinnamon, with your choice of milk.	
Bananarama	9
Banana, honey, cinnamon with your choice of milk.	

Classic Açai	9
Amazonia açai, banana, berries, chia seeds with apple juice or coconut water.	